



Ultimate Med Internship 2017 **June 8-25, 2017 or June 29-July 16, 2017** **AHMEDABAD GUJARAT, INDIA**

What is the Ultimate Med Internship 2017?

The Ultimate Med Internship 2017 (UMI2017) is a once-in-a-lifetime opportunity for high-school students to gain hands-on experience in real-life gross anatomy labs, operating rooms, and medical treatment rooms, and may even be able to observe human autopsies (if available). Students will be with physicians as they treat patients and perform procedures in the emergency room, outpatient clinics, and medical wards. Normally, experiences like these are reserved for students in medical school. High-school students and pre-med students only get to watch this stuff on TV!

What can a high-school student gain and experience by taking part in the Ultimate Med Internship?

The hands-on learning students will experience in these 17 days will give them an undeniable competitive advantage over other students interested in pursuing a career in the field of medicine. This is one opportunity that will make them significantly stand out when applying to colleges, writing admission essays, and more. At the same time, students will receive a substantial increase to their self-confidence, thanks to experiencing a rare opportunity like this one.

These students will have the opportunity to experience a truly remarkable hands-on and face-to-face approach to medicine they cannot get anywhere else. Students will also be given the opportunity to experience a different culture as well as build long-term friendships with those students who share their dreams and passions – other young people who want to make a difference in the world and devote their future to saving lives.

How many students will be allowed in this program?

The Academy will accept only 100 students to participate in the Ultimate Med Internship for the first session June 8-25 and 150 students the second session June 29-July 16. Students will be split into smaller, more intimate groups for the program itself so they can participate in more activities throughout these intensive 17 days, as well as experience a more hands-on approach. An adult team member/chaperone, as well as a full-time medical school mentor from the university will be assigned to each of these smaller groups.

Will this internship help a student get into college and/or medical school?

UMI is designed to give high-achieving youth an opportunity to see, touch, and feel medicine like they never imagined possible *at this point in their lives*.

This program is designed to motivate and inspire students to work harder and with greater focus and dedication. It will give them a newfound confidence. This will allow them to mold themselves into stronger candidates for admission to any college or medical school.

Why choose India as the location for the Ultimate Med Internship?

The Academy's longstanding relationships with medical organizations and leaders in the education and healthcare fields in India will allow students superb access and experiences. Also, Ahmedabad is a popular international tourist destination because it is as safe as any large U.S. city. India is also popular because of the country's deep cultural history and the people's renowned warmth and hospitality. The English language serves as the subsidiary official language of the nation, and is the most important language in the nation for all national, political, and commercial communication.

The Academy has ties with some of India's most prestigious government medical schools, the hospitals attached to them, other private hospitals, smaller community hospitals and clinics, and other health and government institutions. This allows the Academy an elite level of access and cooperation for attending students.

All UMI activities will take place at SMT.NHL Municipal Medical College and its affiliated hospitals and outreach centers and we have access to four additional medical colleges in Ahmedabad, which allows us accommodate so many students.

The Academy is associated with the medical school through Niraj Mistry, MD, an alumnus of SMT.NHL Municipal Medical College and current practicing physician in West Lake, Ohio. Through Dr. Mistry, and his stateside and India based colleagues including Dean Pankaj Patel, MD, UMI2016 is welcome to participate in partnership with the Medical College and affiliated hospitals.

Where will students stay during the program?

Arrangements will be secured for students and staff to reside at a modern hotel in Ahmedabad Gujarat, India, a city of 7 million people with all modern conveniences including Starbucks, McDonald's, and other places of comfort for the western traveler. Lodging will also be in close proximity to the participating medical school. Ahmedabad is located in the state of Gujarat, which is noted as India's safest state. It is also the home of **Mahatma Gandhi** and other cultural and historical figures. Throughout the experience students will be within close distance from our participating medical school and hospital, shops, restaurants, and major attractions. Students will be chaperoned and will travel as a group with UMI staff to all program events.

Strict curfews will be enforced on students throughout their stay, who again will be assigned a specific UMI staff member to report to.

Students will be chaperoned at all times when outside the care of staff at the medical center and hospital. Chaperones will be assigned to students in case they need anything during their trip. Parents may contact chaperones directly if they cannot reach their child for any reason. Students will not be without a chaperone outside the hotel.

How will students “get around” during the program?

Since NHL Municipal Medical College and affiliated hospitals (where most of the UMI sessions will take place), other medical colleges and the hotel(s) will be within close proximity of each other, students will be accompanied by their small group and staff to and from the program activities via private scheduled transportation or will walk if within close walking distance. Private motor coaches will be arranged for any excursions or activities to take place outside the area.

What is the tuition cost for UMI and what does it include?

The tuition per student to participate in the Ultimate Med Internship is \$6,100 by check and \$6,400 by credit/debit card. We offer a payment plan to any family who would like to take advantage of it (please ask us about it). A deposit is required upon enrollment and is non-refundable along with the entire cost of tuition.

The UMI tuition investment includes all program costs, international air travel, hotel accommodations, and three meals per day, as well as any local transportation necessary. All travel plans and accommodations will be arranged by UMI staff, and again, are all included in the tuition payment.

How does a student arrange U.S. domestic travel?

Students should arrange their U.S. domestic travel to meet the UMI Travel Teams at an airport TBA on the east coast on Thursday, June 8, 2017 for the first group dates and June 29, 2017 for the second group dates. Specific time of arrival will be confirmed in future correspondence. Returning home travel should be arranged to meet flights arriving on the east coast on June 25 or 26th for the first group and July 16 or 17th for the second group (the arrival dates for the return trip depend on the airline schedule we ultimately book for group travel).

Exact travel details, including flight numbers and travel times, will be provided upon enrollment. The Academy recommends their travel partner, MacNair Travel, to any families who need or prefer assistance from a third party for their U.S. domestic travel plans. They can be reached at 202-640-5826.

Again, all international air, hotel, and local transportation accommodations will be arranged by UMI staff and are all included in the tuition payment. Students will be reserved as a group and, along with the UMI leadership team, who will accompany students on flights from the U.S. to India and back.

Should students purchase travel insurance?

The Academy highly recommends each student who commits to this program to purchase travel insurance. Please visit www.internationalsos.com for insurance options.

What is the refund policy for UMI?

Due to the limited spaces available for students, we do not offer refunds once a student has committed to attending this program.

Do students need a visa to enter India?

YES. Students will need both a current and valid U.S. Passport for entry into the Republic of India as well as an entry and exit VISA. Indian Tourist visas may be obtained in the United States through Cox & Kings Global Services, the Government of India's visa contractor. All visa application information may be obtained by visiting <https://www.indianembassy.org/>. The U.S. Department of State has a service to expedite passports if needed by visiting: http://travel.state.gov/passport/hurry/hurry_831.html.

What vaccinations or immunizations will a student need?

All students' routine vaccinations must be up to date. A complete list of other recommended vaccinations will be provided well before departure and in time for proper administration prior to the program. The location where our internship will take place is in a malaria risk area, so malaria prophylaxis will be necessary for all staff and students. For a complete list of recommended vaccines for travel to India please visit the Center for Disease Control website at www.cdc.org.

The Academy is well experienced in serving youth attending programs in a malarial zone and all protective dress and medicinal precautions are strictly enforced. Mosquito nets will not be necessary due to the level of hotel lodging reserved. We are fortunate through our other partnerships in Ghana, West Africa, which is a very high malarial zone, to have gained vast experience in this matter and pleased to note that no student has ever contracted malaria.

If students are taking any prescription medicines, they should pack enough for every day they are away from home (19 days), along with an additional 3–4 days' supply. Students are required to keep all prescription medications in the original prescription bottles and to always carry those bottles in their carry-on luggage. Be sure to check TSA guidelines if the medicines are liquids.

Does a student need to register with the U.S. Embassy?

All students' stays will be enrolled by UMI staff in the U.S. Department of State's Smart Traveler Enrollment Program or at the U.S. Consulate in Mumbai. By enrolling, students and families can receive the Embassy's most recent security and safety updates during the trip. Enrolling also ensures that we can reach parents or any parent-designated emergency points of contact during an emergency. The U.S. Consulate in Mumbai is located at:

U.S. Consulate General Mumbai (Bombay)

C-49, G-Block, Bandra Kurla Complex

Bandra East, Mumbai 400051

India

Telephone: +(91) (22) 2672-4000

Emergency After-Hours Telephone: +(91) (22) 2672-4000 If you are calling from within India, but outside Mumbai, first dial 022.

Fax: 91-(0)22-2672-4786

What about international safety?

As with travel to any international destination, general awareness, staying within the group as required by program policies, and trained leadership from program staff will greatly reduce the likelihood of any safety concerns. All staff and students will be trained on safety and security measures as well as plans of response should a safety concern arise either locally or elsewhere within the country.

Due to the organization's direct partnership with the NHL Municipal Medical College and other medical colleges, as well as the securing of high-quality hotels and coach bus services (when needed), all students will always be under the umbrella of several layers of staff, medical, and educational leaders from India, and both U.S. and India government officials.

What about weather in India at that time of year?

Weather conditions in India during the travel time will normally be tropical warm with potential for rainy and windy periods. There may also be dry and sunny periods during the experience although still very warm temperatures. (90+ F). Prior to departure, a complete packing list to prepare for the summer weather will be provided to ensure safety and comfort.

What if a student becomes ill or injured while on the trip?

Should a student become ill on the trip, injure themselves, or require medical treatment, the UMI team leader to whom the student is assigned will bring the student to the emergency room and remain with them while parents are contacted immediately. The Academy requires all students who participate in UMI to submit emergency contacts and disclose medical conditions, allergies, dietary restrictions and/or special needs, prescriptions, etc. before the trip so that if it becomes necessary for the student to go to the hospital for any reason, our team has all this important information on hand.

What can students bring with them (laptop, iPod, cell phone, etc.)?

Students can bring all of the above. In fact, we encourage all students to bring their cell phones, laptops (with a laptop chain lock), iPads, iPods and any other portable electronics they want to bring.

What is the dress code for UMI?

Students will be asked to dress "business casual" (khakis and short- or long-sleeved, collared shirts) for all UMI sessions at the hospital and medical center. No jeans or athletic wear. For weekend excursions and off-time from the hospital or medical center, students should pack comfortable/casual clothes. Students are welcome to bring any personal items and spending money for the duration of the program. We recommend students also pack a small first-aid kit and any over-

the-counter personal hygiene items they might need because many personal items we are used to getting easily are not as easy to get in another country.

Once enrolled, we will be sending a “packing checklist” to help students pack everything they need for this adventure.

Are there any other expenses for which students will be responsible? What is the currency used in India?

UMI tuition includes: all program costs, international airfare, hotel accommodations, local in country transportation, and meals including breakfast/lunch/dinner. ***NOTE: If a student has special dietary restrictions, they are asked to submit this information with the required emergency contact, medical conditions, and prescription medication material for the Academy.***

Students may want to bring pocket money for their own personal expenses, shopping, personal care items, etc. (\$250-300 should be more than adequate). All major U.S. credit cards are accepted in India. Parents should ask their credit card companies about their international transaction fees and alert them of international travel to avoid security holds.

India’s currency is the Rupee, with 1 Indian Rupee = about U.S. 0.016. U.S. bank ATM cards can also be used in the India to obtain Rupee’s. Students should check with their bank about foreign ATM transaction and conversion fees. To avoid additional fees, students may bring U.S. dollars that can be exchanged for Rupee’s, which UMI can facilitate for students.

How will parents and students be able to communicate?

UMI staff will provide parents the e-mail addresses, Skype accounts, and local cell phone numbers of all UMI team/chaperone leaders. We suggest families open up a free Skype account at www.skype.com to enable families to communicate internationally for free via a laptop, tablet, or smartphone.

If any questions are not answered here, please feel free to contact UMI staff by phone at 413-362-7505 or by email at UMI@youthfuturesinternational.org.